



# CROSS COUNTRY CAMP

**Entering 3rd - 8th  
All Sports/Athletes Welcome**

**June 12-15**  
8:00am - 10:00am  
Getzendaner Park

- Learn from WHS coaching staff and WHS former runners and record holders
- Individual instruction on running mechanics
- Injury prevention and nutrition
- Competition and awards
- Camp T-shirt

**\$55**

Detach and return completed to Edward De La Cruz at WHS or email to edelacruz@wisd.org.  
Cash or checks made to Edward De La Cruz  
3001 U.S. 287, Waxahachie, Texas, 75167

Name \_\_\_\_\_ Grade next year \_\_\_\_\_

Address \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

In case of an emergency Contact/Phone \_\_\_\_\_

T-Shirt Size \_\_\_\_\_

I, the parent/guardian of \_\_\_\_\_ hereby release the Waxahachie ISD, its board trustees, administration, coaches and other employees from any liability in connection with injury which my child may receive in connection with Lady Indian Track and Field Camp.

Parent Signature: \_\_\_\_\_ Date \_\_\_\_\_